



# Interview with Amy Lynn, RN, CANS: The Art of Reversal®

**Q: How would you define The Art of Reversal®?**

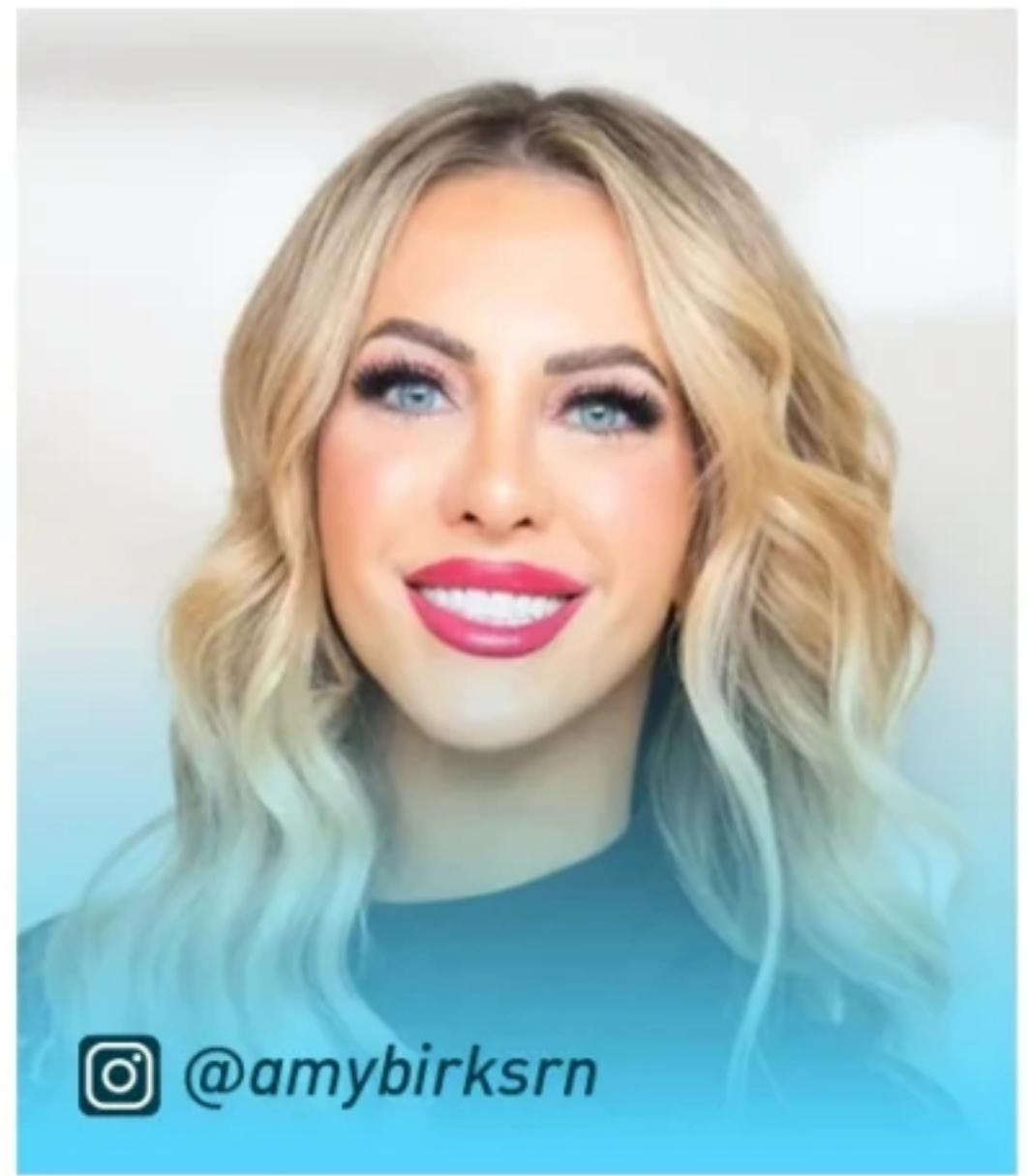
**Amy Lynn, RN, CANS:** The Art of Reversal® is an innovative injectable procedure that blends both science and artistry to address less-than-ideal outcomes from hyaluronic acid dermal fillers. Its primary objective is to enhance tissue integrity and support the reversal process by using the patient's own albumin-rich Platelet-Rich Fibrin (PRF). This technique accelerates tissue repair, boosts hydration, and restores lost volume.

**Q: In what ways does EZGEL PRF play an important role in The Art of Reversal®?**

**Amy Lynn, RN, CANS:** EZGEL PRF is crucial in The Art of Reversal® because it enhances tissue regeneration and improves tissue perfusion right after the administration of reversal agents like Hylenex. It accelerates the healing of the microchannels created during the reversal process and helps replenish lost volume. This reduction in immediate and progressive skin laxity and deflation at the reversal sites significantly boosts patient satisfaction. In my practice at GloDerma, I've observed a notable decrease in post-migratory concerns when re-treating with hyaluronic acid compared to previous reversal protocols.

**Q: What key factors should practitioners consider when incorporating The Art of Reversal® and EZGEL PRF into their treatments?**

**Amy Lynn, RN, CANS:** With the increasing popularity of aesthetic injectable procedures, it is important for aesthetic practitioners to develop strong assessment skills during the evaluation with their patients. Many times, patients do not realize that these changes have occurred due to lingering filler, being "over corrected", migration and natural aging process. Patients are also not always willing to want to have a fresh canvas after having certain injectable procedures related to the fear of how they may look post reversal. It's



essential for practitioners to address these concerns and set realistic expectations to ensure the best outcomes.

**Q: How do you see the future of The Art of Reversal® evolving, particularly with advancements in regenerative medicine like EZGEL PRF?**

**Amy Lynn, RN, CANS:** The future of The Art of Reversal® is promising, especially with advancements in regenerative medicine like EZGEL PRF. As our understanding of HA fillers improves and they are found to last longer than previously thought, patient education becomes crucial. By integrating regenerative modalities like EZGEL PRF, we can offer more precise and individualized recommendations for reversing HA fillers, aiming to repair, regenerate, and revitalize tissue rather than just providing temporary improvements. This evolution allows us to deliver better, long-term results for our patients.

**Q: What upcoming talks or events will you be a part of to discuss this topic further?**

**Amy Lynn, RN, CANS:** I'm excited to continue my research and refine The Art of Reversal® protocols with my patients, and collaborate with esteemed colleagues like **Dr. Kian Karimi** and **Dr. Anil Rajani**. I'll be speaking at several upcoming events, including:

- Aesthetic Next 6.0 in Dallas from September 5-8.
- Canadian Expo from October 17-20, where I'll teach a Regenerative Master Class and present on The Art of Reversal®.
- Glo Academy Advanced Biofillers and Regenerative Medicine Master Class.
- LA-MCA 2025 from March 13-16.
- Various online courses and lectures.

## AMY LYNN, RN, CANS

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